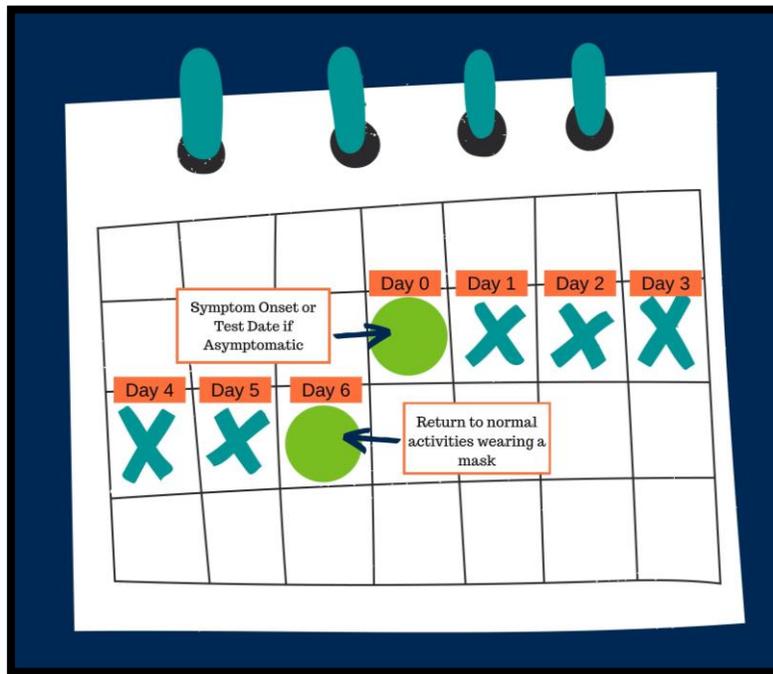


Washington Ozaukee Public Health Department Quarantine & Isolation Recommendations

Isolate (If you tested positive for COVID-19)

Regardless of vaccination status, stay home and away from other people for at least 5 days. If you have symptoms, isolation starts the first day of symptoms and is considered day zero. If you are fever free for 24 hours without the use of fever reducing medications and have symptom improvement, OR you have no symptoms, you can end isolation with continued mask use for 5 additional days (day 6 through day 10). If you are unable to wear a mask when around others, you should isolate for 10 days.



If you have tested positive for COVID-19, let others know if they have been exposed. www.tellyourcontacts.org

Quarantine (If you were exposed to someone with COVID-19)

WOPHD recommends quarantining close contacts, with some exceptions (see below):

A close contact is defined as an individual who has been within 6 feet of an infected person with COVID-19 for a cumulative period of 15 minutes or more over a 24-hour period.

Stay home and away from other people for at least 5 days after your last contact with a person who has tested positive for COVID-19. The date of your exposure is considered day zero.

IF YOU...

Have been boosted

OR

Completed the Pfizer or Moderna primary series within the past 5 months

OR

Received J&J within the past 2 months

THEN...

- Wear a [mask](#) for 10 days

AND

- Test on day 5, if possible

Note: You do NOT need to quarantine

IF YOU...

Completed the Pfizer or Moderna primary series over 5 months ago and are not boosted

OR

Received J&J vaccine over 2 months ago and are not boosted

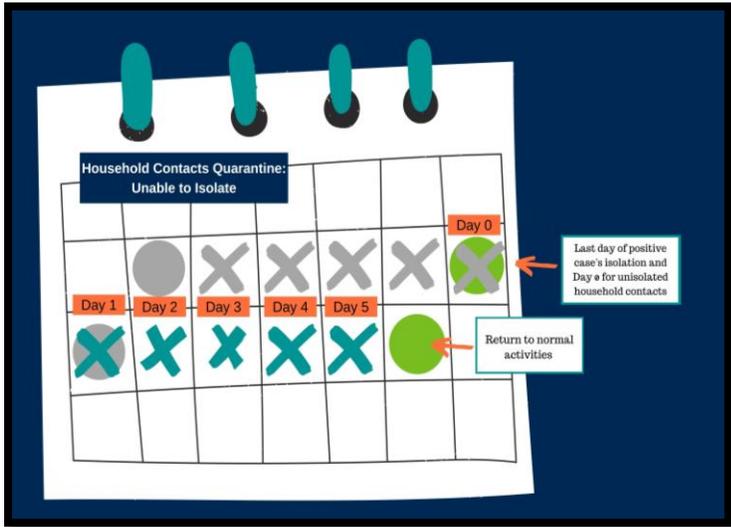
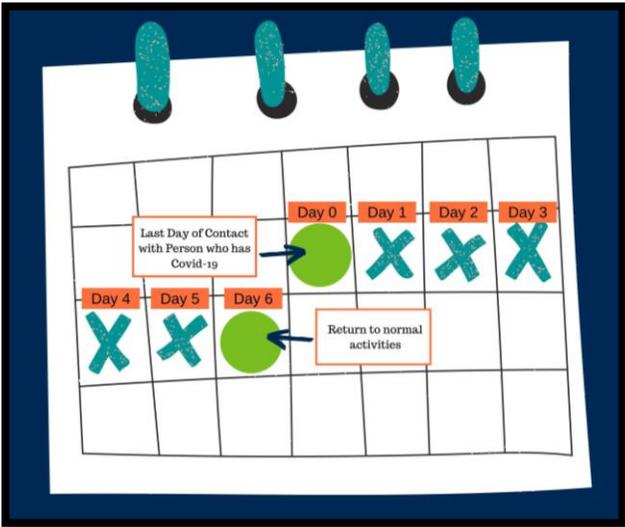
OR

If you are not vaccinated

THEN...

- Stay home for 5 days. You can end quarantine with continued mask use for an additional 5 days
- If you **cannot** stay home to quarantine, wear a mask for 10 days
- Test on day 5, if possible

Counting Quarantine Dates



Exceptions to Quarantine

You do not need to quarantine if you have had a reported (e.g. lab verified) positive COVID-19 test within the last 90 days. If you develop symptoms in your 90-day period, contact your healthcare provider for guidance.

Vaccinated adolescents who are not yet eligible for a booster do not need to quarantine.

Young children who are unable to consistently wear a mask should isolate or quarantine for 10 days.

Testing

Testing is recommended for individuals with close contact to a confirmed or suspected case of COVID -19 and individuals with signs or [symptoms](#) of COVID-19, regardless of vaccination status. Testing locations can be found at <https://www.dhs.wisconsin.gov/covid-19/testing.htm>.

The following recommendations do not apply to [healthcare personnel](#) or [travel](#).

[Rationale & FAQ for changes to isolation and quarantine](#)